

**Sac-Joaquin Section 2009-10 Calendar**

<b>Season</b>	<b>Dead Period Begins</b>	<b>Practice Begins</b>	<b>1st Scrimmage Date</b>	<b>1st Contest Date</b>	<b>Last Contest Date</b>
<b>FALL</b>					
X-Country (b/g)	July 25	Aug. 17	Aug. 22	Aug. 27	Oct. 31
Football	July 25	* Aug. 24	Sept. 3	Sept. 10	Nov. 14
Golf-girls	July 25	Aug. 17	Aug. 22	Aug. 27	Oct. 21
Soccer-boys D I-II-III D IV-V-VI-VII	July 25 July 25	Aug. 17 Aug. 17	Aug. 22 Aug. 22	Aug. 27 Aug. 27	Oct. 30 Nov. 3
Tennis-girls Team Individual	July 25 July 25	Aug. 17 Aug. 17	Aug. 22 Aug. 22	Aug. 27 Aug. 27	Nov. 2 Nov. 5
Volleyball-girls	July 25	Aug. 17	Aug. 22	Aug. 27	Nov. 4
Water polo (b/g)	July 25	Aug. 17	Aug. 22	Aug. 27	Oct. 31
<b>WINTER</b>					
Basketball (b/g)	Oct. 20	Nov. 10	Nov. 15 (16)	Nov. 23	Feb. 19
Wrestling Duals Individual	Oct. 20 Oct. 20	Nov. 10 Nov. 10	Nov. 15 (16) Nov. 15 (16)	Nov. 23 Nov. 23	Feb. 3 Feb. 13
<b>SPRING</b>					
Badminton	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 15
Baseball	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 15
Golf-boys	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 5
Soccer-girls D I-II-III D IV-V-VI-VII	Jan. 20 Jan. 20	Feb. 10 Feb. 10	Feb. 15 Feb. 15	Feb. 20 Feb. 20	May 7 May 11
Softball	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 15
Swimming	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 1
Tennis-boys/coed Team Individual	Jan. 20 Jan. 20	Feb. 10 Feb. 10	Feb. 15 Feb. 15	Feb. 20 Feb. 20	May 3 May 6
Track (b/g)	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 15
Volleyball-boys	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 8
Lacrosse	Jan. 20	Feb. 10	Feb. 15	Feb. 20	May 15

\* Note: Football pre-conditioning begins on Aug. 17. Official practice begins on Aug. 24.